



**UNC Faculty-Staff Recreation Association  
Minor 3 Meter Board Use Acknowledgement of Risk  
Waiver and Release of Liability**

In consideration of my child(ren)'s use of the three meter diving board at the UNC Faculty-Staff Recreation Association (The Farm), I hereby forever release and covenant not-to-sue the UNC Faculty-Staff Recreation Association, its Board, employees, volunteers, and all others who are involved, from any and all present and future claims resulting from ordinary negligence on the part of the UNC FSRA for property damage, personal injury, or wrongful death, arising as a result of my child(ren) engaging in three meter board use. I hereby voluntarily waive any and all claims both present and future, resulting from ordinary negligence, that may be made by me, my family, estate or assigns, and I relinquish on behalf of myself, spouse, heirs and assigns the right to recover for injury or death.

I understand that using the three meter diving board involves certain risks, including but not limited to death. In addition, I understand that participation in three meter board use involves activities incidental thereto, including, but not limited to, the possible reckless conduct of other participants. All stresses and hazards associated with this activity cannot be foreseen.

My child(ren) will voluntarily use the three meter diving board with knowledge of the danger involved and hereby agree to accept any and all risks of property damage, personal injury, or death.

My child(ren) has a personal responsibility to follow any safety rules and procedures established by the UNC FSRA that are associated normally with three meter board use.

My child(ren), if ten years of age or younger, must pass safety test before using high dive.

_____	_____
(Signature of Adult Member/Guest Parent)	(Printed Name)
_____	_____
Child's Name	(Date)
_____	
Child's Name	
_____	
Child's Name	
_____	
Child's Name	

High Dive Rules

- 1) Signed waiver is required for 17 and under to use high dive.
- 2) 10 and under must pass safety test to use high dive.
- 3) No walking back from end of high dive.
- 4) Divers must go straight off end of high dive (not towards side).
- 5) One bounce only.
- 6) No running on high dive.
- 7) Weight maximum for high dive use is 250 lbs.
- 8) No sideways spinning off high dive.
- 9) Swim to ladder on left side of pool to exit.
- 10) Inward dives done during diving class only.
- 11) No sitting or hanging on high dive.