

	2020 Farm Fall Fitness Schedule			Starting November 1st			
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7-8am		6:30-7:30 PopUp Cardio, Tone Clubhouse Shelter					
8-10am	8:00-9:00am PopUp Cardio, Tone Clubhouse Shelter						9-10am Purre Barre nonmembers upper shelter
10-12noon					10-11:15am Inter Inyenar Yoga Lower Shelter	11:00am- 12:15 Inter Inyenar Yoga Clubhouse Shelter	
12-5pm			3-4 pm Yoga with Kat CLubhouse SHhelter (inquire before attending)				
		5-6pm PopUp Cardio & Tone Clubhouse Shelter					
5-7:30pm	5:30-6:30pm Pure Barre Nonmember Lower Shelter		5:30-6:30pm Pure Barre members Lower Shelter				
	6:30-7:30pm Tai Chi Clubhouse Shelter						